

**FREE**

Vol. 22 Issue 39/11

Friday 30th Sept - Thursday 6th Oct 2011

# KINSALE ADVERTISER

INCLUDING THE WEEKLY **WHAT'S ON** GUIDE TO KINSALE & DISTRICT

Tel: 021 477 4313 :: Email: [info@kinsaleadvertiser.com](mailto:info@kinsaleadvertiser.com) :: Fax: 021 477 4339

## FOOT LOOSE KINSALE

64A Main Street, Kinsale  
Phone/Fax: (021) 477 7898

We have  
**NOW RELOCATED**  
to our original premises  
at 64a main street!

LADIES, GENTS  
& CHILDRENS  
FOOTWEAR

now under the one roof!

Kinsale Gift Card Accepted • Gift Vouchers Available • Deposits Accepted  
Open 7 Days



# C SPA



## C-Spa Escape

Escape Modern Day Living for just under 2 hours of hands on therapy & leave you ready to face the world...

Choose any two of the following Treatments:

- Scandinavian Full Body Massage
- Detox Body Wrap
- Elemis Skin Specific Spa Facial
- Exotic Hand & Foot Ritual
- Muscle Ease Hydrotherapy Bath

Only €99

Late Midweek Opening

**Contact the C Spa 021 4706625**

Offers Available Sunday to Thursday

Subject to availability

Terms & Conditions Apply

**CARLTON**  
HOTEL & C SPA  
KINSALE  
\*\*\*\*

**Carlton Hotel & C Spa Kinsale**

T: (021) 4706000 W: [www.carlton.ie/spa](http://www.carlton.ie/spa)  
E: [cspa.kinsale@carlton.ie](mailto:cspa.kinsale@carlton.ie)

# Bookstór is changing hands

...Lyn & Mike Denny are moving on. Thank you so much to all our wonderful staff past and present, our fantastically loyal customers and the shop's many friends, volunteers and supporters who made Bookstór what it is. Thank you for all your hard work, dedication, support, interest, custom, loyalty, help, chats, laughs and much much more. We've had a fantastic five years and are sad to say goodbye...

Wishing much enjoyment, fun and success to Bookstór's new owners:  
Stuart Gallagher & Bernadette Doyle from Kinsale.

**Bookstór is open business as usual  
with Ceri and her team:**

Monday to Saturday      9.30am-6pm  
Sundays / Bank Holidays    1pm-5pm

Don't forget:

**STORYTIME FOR LITTLE ONES**

Saturday 1st October, 10am

**USED BOOKS DAY & VINTAGE TEA PARTY**

Saturday 29th October, 12-4pm

# bookstór

1 Newman's Mall, Kinsale, Co. Cork

tel: 021 4774966    email: [info@bookstor.ie](mailto:info@bookstor.ie)  
[www.bookstor.ie](http://www.bookstor.ie)





# 35th Bollinger Kinsale Gourmet Festival 2011

October 7th-9th

## FRIDAY 7th OCTOBER 2011

**3pm Cook Off** on the Streets of Kinsale with chefs from Kinsale GFC and their Newport Rhode Island counterparts.

## OPENING NIGHT

**6.30pm Official Opening** of the 35th Bollinger Kinsale Gourmet Festival at the White Lady Hotel with MC Derek Davis

**7.30-7.45pm All aboard the Landtrain** to your GFC restaurant destination

**10.30pm "Bolly" Ball** Dance the night away with the return of the Strauss Orchestra  
Ticket price €85 (includes a €40 dinner voucher)  
Black Tie Event



### Participating Restaurants:

Restaurant d'Antibes @ The White House, The Blue Haven, The Captains Table @ Actons, Crackpots, Jim Edwards Max's Wine Bar, Man Friday, Pier One @ The Trident Hotel, Toddies @ The Bulman, White Lady, Fishy Fishy, Jolas

**Call 021 4773571**

**www.kinsalerestaurants.com**

### Get a Good Food Gift Voucher

For use in all 12 of the Good Food Circle Restaurants and available for purchase in: The White House, Actons Hotel, The Trident Hotel, Finishing Services

## The Market Garden

NOW AT PEARSE ST., KINSALE.

### GENERAL GROCERY

Specialising in Fresh Fruit & Vegetables,  
Dried Fruit, Nuts, Spices and Herbs...

Fruit Baskets Prepared Potatoes & Vegetables.

Open  
Mon - Sat  
9am to 6pm



**NEW Telephone Number: 021 4709 867**



## JIM EDWARDS

BAR & RESTAURANT

Available All Day from 12pm

~ Bar & Restaurant Menus

~ Lite Bite Menu

~ Special Value Dinner Menu

2 Course: €20 - 3 Course: €25

~ Lunch Menu & Daily Specials

~ Sunday Lunch (4 Course) €23.90



\*Gift Vouchers Available\*

\*Excellent Ensuite Accommodation\*

**Tel: 021 477 2541**

www.jimedwardskinsale.com



## Cooke's Cakes

*Cakes for all occasions*

Free delivery around Kinsale

Call Kate:

086 8640717

www.cookescakes.com

# The White House

FULLY LICENCED GUESTHOUSE & BAR



**Breakfast Served**  
8am-12noon



**Food Served Daily**  
12noon-10pm



**Set Menu Available**

~ Live Music ~

Friday 30th September

**Mike O'Riordan, 10.30pm**

Sunday 2nd October

**Mike O'Riordan, 9pm**

Monday 3rd October

**Liam & Ger, 9.30pm**

~ Live Sport ~

Saturday 1st October

**England v Scotland**

*Rugby World Cup - KO 8.30am - Breakfast Served!!!*

**Everton v Liverpool 3D**

*Premiership, KO 12.45pm*

Sunday 2nd October

**Ireland v Italy**

*Rugby World Cup - KO 8.30am - Breakfast Served!!!*

**Spurs v Arsenal 3D**

*Premiership, KO 4.00pm*



Your Hosts **The Friskey Family & Staff**

**Tel: 021-4772125**

Email: [whitehse@indigo.ie](mailto:whitehse@indigo.ie)

Web: [www.whitehouse-kinsale.ie](http://www.whitehouse-kinsale.ie)



## 35th Bollinger Kinsale Gourmet Festival 2011 October 7th-9th

**SATURDAY 8th OCTOBER** LAST FEW TICKETS REMAINING  
The ever popular

### Mad Hatters Taste of Kinsale

11.30am Starting at Actons Hotel. Join Alice, the Mad Hatter, March Hare and the Fieldmouse for an escorted tour of the 12 Members of Kinsale's Good Food Circle who will present spectacular dishes from their kitchens bearing testimony to the culinary skills of the chefs of Kinsale and their Newport counterparts. Wine sponsors, Christies Wines & Spirits, Nash's, Gleasons (inc Gilbeys), Karwigs, Barry & Fitzwilliam, Heineken Ireland, Tipperary Water. As an additional fun element everyone is requested to wear a "Mad Hat" in honour of our special guest - the Mad Hatter! A competition will be held. Afterwards all groups meet back at the White Lady to dance the evening away at the Festival Club Sponsored by Pallas Foods. Event Ticket price €90

### SUNDAY 9th OCTOBER

#### Fruits de Mer, 1pm

Take your seat for a superb afternoon of fun & frolics with MC Derek Davis. Enjoy a mouth watering four course lunch to include lobster, crab, prawns etc, accompanied by delicious wines sponsored by Torres Mas Rabell. Freshly roasted coffees compliments of BEWLEYS then dance the evening away with the Magnetics. Event Ticket price €75

8pm Dine out at the GFC restaurant of your choice  
(not included in ticket price)

#### Participating Restaurants:

Restaurant d'Antibes @ The White House, The Blue Haven,  
The Captains Table @ Actons, Crackpots, Jim Edwards  
Max's Wine Bar, Man Friday, Pier One @ The Trident Hotel,  
Toddies @ The Bulman, White Lady, Fishy Fishy, Jolas

**Call 021 4773571**

**[www.kinsalerestaurants.com](http://www.kinsalerestaurants.com)**

#### Get a Good Food Gift Voucher

For use in all 12 of the Good Food Circle Restaurants and available for purchase in: The White House, Actons Hotel, The Trident Hotel, Finishing Services

# Courtyard **Café**

Walton Court

Oysterhaven Bay

**New Autumn Menu**

~  
HEARTY SOUPS

~  
WARMING HOME MADE  
PIES AND HOTPOTS

~  
HOT SANDWICHES

~  
TRADITIONAL PUDDINGS  
CAKES & DESSERTS

~  
ARTISAN HOME BAKING  
USING ORGANIC FLOUR

~  
WINES BEERS & GREAT COFFEE

**Autumn opening**  
**Wednesday - Sunday**  
**12 - 5pm**

To help keep prices reasonable we do  
not accept credit or debit cards!

**waltoncourt.com**

HERBALIFE

# 24

Good for top athletes...  
...good for you

- Customisable based on your specific training and performance needs
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- Every product is third-party tested

Introducing the first 24-hour sports nutrition range. Based on the latest proven science Herbalife24 is designed for everyone - whether you're a gentle jogger, gym junkie or an elite athlete, Herbalife24 has all the products you need to help you prepare, train and recover.

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Independent Herbalife Distributor  
to learn more about Herbalife24

 **HERBALIFE**

(All Herbalife24 products are Prohibited Substance Tested  
to ensure your confidence in our product.)

*Spectacular harbour views from bar, restaurant, patio & beer garden.*

# The Speckled Door

Old Head, Kinsale  
T: 021 477 8243

**Food Served 7 Days:**

Mon-Sat: 12.30pm - 8pm  
Sun: 12.30pm - 7.30pm

Seafood & Steaks  
Also Kid's Menu & Selection of Sandwiches

10 minutes drive from Kinsale.  
Ample Parking. Wheelchair Facilities.

**www.speckleddoor.com**

# Anika & Sandra

## Massage, Beauty & Nail

(located in Kinsale, above House of Hair, in Guardwell)

**Tel: 087 783 9626**

*Treatments offered by highly Qualified therapists at reasonable prices.*

### ~ Massage ~

- Back, Neck & Shoulder Massage ..... (30min): €20
- Multivitamin Full Body Massage ..... (60min): €40
- Swedish Massage ..... (60min): €40
- Deep Tissue Massage ..... (60min): €40
- Sport Massage ..... (60min): €40
- Golfer's Massage ..... (60min): €40

*~ All our massages are suitable for Ladies, Gents & Teenagers ~*

### ~ Nails ~

- Spa Pedicure: €35
- Wellness Pedicure: €45  
(this treatment includes a luxurious pedicure, feet exfoliation, mask, and leg massage)
- Spa Pedicure & Manicure: €45
- \*New\* 2 Week Nail Varnish: €20
- Gel Nails (with nail art): €45
- Men's Pedicure: €30-€35

### ~ Beauty ~

- Multi-Vitamin Facial (90min) €50  
(with free eyebrow wax/tweeze, hand-massage, eyelash/eyebrow tint)
- Microdermabrasion Facial €50  
(with free eyebrow wax/tweeze, hand massage, eyelash tint)
- Beauty Facial (60min) €45  
(with eyebrow wax/tweeze, hand massage, eyelash tint)
- Eyelash & Eyebrow Tint with Eyebrow Shape €18
- Spray Tan, Full Body €25

## Beauty Pamper Package (2hrs): €80

(Full body massage & 60 min anti-age facial)

**Body Scrub + 60min Aromatherapy Massage €50**

*Gift Vouchers Available – the ideal present*

# COLLINS KINSALE PHARMACY

MARKET PLACE, KINSALE, CO. CORK PHONE (021) 477 2077



ROC and KINSALE PHARMACY invite you to an **exclusive promotion**

**Thursday 6th October** (10am-4.30pm)

**Free Gift\* with Purchase**

\*Multi-Correction Eye Cream

**Skin Analysis Bookings Available from a trained consultant**

  
**The Spaniard**  
www.thespaniard.ie T: 477 2436

*~ Live Music ~*

Fridays: **Martin & Friends**

Saturdays: **For Folk Sake**

Sunday: **Monty Goes To Carlow**, 7pm

Wednesdays: **Trad Session**

*~ Food Served ~*

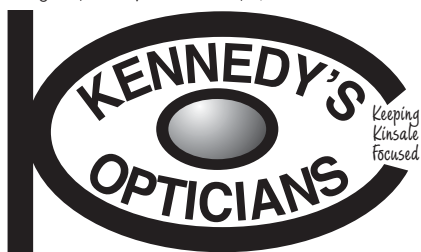
**BAR FOOD SERVED DAILY**

**RESTAURANT OPEN @ 6pm**

*(7 Nights A Week)*

**3 Course Value Menu  
available all day €24pp**

For all your optical requirements, with professional care & attention!



Pearse St., Kinsale T: 021 4773595

**LOTS OF NEW FRAMES  
NOW IN STOCK**

Sunglasses • Low Vision Aids • Prescription Sunglasses •  
Domiciliary/ Home visits • Medical Cards/PRSI welcome  
Contact Lenses • Coloured Contact Lenses • Safety Spectacles

**FULL EYE EXAMINATIONS INCLUDING:**

✓ Glaucoma Screening ✓ Diabetic Screening if Necessary  
✓ Age Related Macular Degeneration Screening

**Medical Card & PRSI customers very welcome!!!**

TUESDAY TO THURSDAY: 9.30am-5.30pm

FRIDAY: 8.30am-5.30pm | SATURDAY: 9.30am-3pm



# Cork Fashion Awards 2011

@ The Blue Haven Kinsale

Friday November 18th, 2011 @ 8pm

**50%  
TICKETS  
SOLD OUT!**



Tickets €35

The Cork Fashion Awards 2011 is a red carpet event taking place at the romantic Blue Haven Hotel in the beautiful and romantic town of Kinsale. The white tie awards ceremony will be held on Friday November 18th, 2011 at 8pm. A fantastic night is planned with a champagne reception on arrival with canopés served and an award ceremony to choose the following –

- Cork's Most Stylish Woman 2011
- Cork's Most Stylish Man 2011
- Cork's Most Stylish Couple 2011
- Cork Model of the Year 2011
- Cork Boutique of the Year 2011
- Cork Men's Store of the Year 2011
- Cork Designer of the Year 2011
- Cork Milner of the Year 2011

- 8.00pm Red Carpet Arrival of Guests at the Blue Haven, photography for C magazine – Cork's Social Diary and other publications
- 9.30pm Award Ceremony for Cork Fashion Awards 2011
- 10.00pm Dance the night away.

TICKETS AVAILABLE FROM:

Angela Campion 021 5003050 (Press 0 for Reception) or [angela.campion@no1.ie](mailto:angela.campion@no1.ie)  
or Blue Haven Hotel: 021 4772209 or purchase online [www.bluehavenstore.com](http://www.bluehavenstore.com)

SPECIAL ACCOMMODATION PACKAGES AVAILABLE



PEUGEOT  
WILTON MOTORS LTD



KILKENNY  
Hatched by the John Hayes

Member of the Blue Haven Group



BARRY & FITZWILLIAM LTD.



# Kinsale Local FASHION SHOW

@ The Blue Haven Hotel

## In aid of POONS

(Paediatric Oncology Outreach Nurse Service)

which aims to help support the families of all children with cancer at The Mercy University Hospital, Cork through their treatment

Come to The Blue Haven Hotel & support our local Boutiques

- Cooleez Children's Wear
- Footloose - Divine - Stone Mad
- Jane Boutique - Hattitude

Get some fantastic outfit ideas for the festive and party season, while supporting the Mercy Kids Foundation Fund.



**THURSDAY  
NOVEMBER 10TH**  
@ 7.30pm | Tickets €10

(all ticket proceeds go to Mercy Kids Fund)



Limited tickets so book soon to get your place.

Tickets available @ The Blue Haven, from Cooleez Children's Wear Clothes Shop and from Hattitude, Kinsale.

**021-4772209** and online | [www.bluehavenstore.com](http://www.bluehavenstore.com)



Event takes place @ The Blue Haven Hotel 3 / 4 Pearse Street, Kinsale.

# Kids Cooking Demonstration

**@ The Blue Haven Hotel, Kinsale**

A fun morning of learning for your kids, to achieve a basic knowledge of great food, while having fun making some special dishes with our chefs from the Blue Haven Hotel, Kinsale

10.00am  
to 12.30pm  
**Wednesday  
2nd  
November**  
(Mid Term Break)

- Queen Cakes
- Cookie Dough and Cookies
- Homemade Pizzas with any toppings you desire
- Ice Cream Sundaes
- Healthy Pasta Dishes
- Charlie Chowder Colouring Competition



Tickets Limited So Book Soon! Tickets €25 per child.  
(Recommended ages between 8-13 years)  
Tickets can be bought from The Blue Haven Hotel:  
021 477 2209 | [info@bluehavenkinsale.com](mailto:info@bluehavenkinsale.com)  
[www.bluehavencollection.com](http://www.bluehavencollection.com)



# **Bulman Bar & Toddies Restaurant**

SUMMERCOTE, KINSALE

Tel: 021 477 2131

~ Live Music ~

*Saturday 1st October @ 10.15pm*

## **Crazy Chester**

*Sunday 2nd October @ 6.15pm*

## **Boozy Schmoozers**

*with Sonny, Alan & Mike*

~ Food Served ~

Lite Bites Menu now served in the bar,  
Tuesday to Sunday, 6pm-9pm

~ Bar Lunches ~

Served 7 Days, 12.30pm-5pm

~ Toddies Restaurant ~

Open Tues to Sat, 6.30pm-10pm



[www.thebulman.ie](http://www.thebulman.ie)

# **ROSS OIL**

COMPANY



"your local oil company"



## **Beat the Winter conditions - now is a good time to order.**

Bandon, Co. Cork

Call us now, we would be delighted to hear from you!

**Kinsale: 021 477 7015**

**Bandon: 023 883 9383**



# **HERBALIFE**

Independent Distributor

## **Affordable and effective**

- Personalised wellness programmes
- Weight management solutions
- Sport, energy & fitness
- FREE Wellness evaluation, metabolism & body fat tests
- \* NEW Weight Loss Challenge Classes starting 10 & 11 Oct leading up to place!

Call RONI

086-8316681 or 021-4777891



# **fishy fishy**

Seafood Restaurant  
on The Pier

## **Open 7 Days**

From 12pm to 9pm

For Dinner Reservations:  
Call 021 4700 415

[www.fishyfishy.ie](http://www.fishyfishy.ie)  
credit cards accepted

# **Daltons Bar**

Market St, Kinsale. Tel: 021 477 7957

## **Traditional Irish Music & Ballads**

Every Monday,  
Tuesday & Thursdays

# Alto Holistics

44 Main Street Kinsale

## ~ *Treatments* ~

Swedish Massage . . . . .	€45	60 mins
Reflexology . . . . .	€45	60 mins
Aromatherapy . . . . .	€45	60 mins
Reiki . . . . .	€45	60 mins
Indian Head Massage . . .	€45	60 mins
Back, Neck & Shoulder .	€25	30 mins
Lymphatic Drainage . . . .	€45	60 mins
Sports Massage . . . . .	€50	60 mins

## ~ *Pamper Package* ~

Half hour Back Massage and  
Half hour Reflexology treatment  
Only €50

Half hour back Massage  
& 15min head Massage  
Only €40

**GIFT VOUCHERS AVAILABLE  
OPEN EVENINGS  
BY APPOINTMENT**

For an appointment please call

**Sarah Tubridy on 087 9127271**

Walk ins also welcome.

Looking forward to meeting you!

6 Main Street Kinsale



(021) 470 9637

## RESTAURANT

— *Open Monday - Saturday 6pm-Late*

— Exciting New Autumn and Winter Dishes added to our Menu!!!

— Serving the Finest Fresh Seafood Kinsale has to offer; Green Curried Monkfish, Crispy Sea Bass, Lemon Sole, Wok Seared Scallops and Prawns...and More!!!

— Handpicked selection of Fine Continental Wines & Premium Imported Beers to compliment every meal.

— *Gift Vouchers now Available.*

*"Effortless Dining in Elegant and Contemporary Surroundings".*

## Tired & Swollen legs...? Wonder legs™

Stabilises capillary walls, and decreases capillary wall permeability to maintain healthy leg vein circulation.

Relieves tired & swollen legs.



Available from  
**KINSALE**  
HEALTH FOOD STORE

19 Market Street  
Kinsale  
Ph: 021 4773521

## Intimate night of music & words

Friar's Lodge Kinsale  
October 14th @ 8pm



Renowned folk singer Mary McPartlan, award winning RTE writer and broadcaster Vincent Woods and singer song writer Barry Tierney perform together in the intimate setting of Friar's Lodge for a very special night of music and words.

Tickets €12 / €15

Complimentary wine & finger food  
We are offering guests of the Lodge tickets for just €5.00

call **Maureen 086 2895075**  
or email **mtierney@indigo.ie**

TICKETS ARE LIMITED

# The Folk House

Guardwell, Kinsale.  
T: 021 4772382



[www.folkhousevenue.com](http://www.folkhousevenue.com)

**ALL SPORTS SHOWN**  
On 2 Big Screens

**CHECK OUT  
THE GREEN ROOM**  
Also Available for Private Bookings

**UNRIVALLED WORLD  
BEER MENU**

**Coming Soon:**

- Fuller's Honey Dew Lager & London Pride Cask Ale
- Free Beer Tasting Nights (See inhouse for details)



## **LIVE MUSIC**

### **FRI 30th SEPT - THE VINALS**

4 Piece Old School Classic  
Rock Guitar Covers

### **SAT 1st OCT - SHE'S ELECTRIC**

5 Piece All Female Soul, Funk  
& Contemporary Covers

### **SUN 2nd OCT - BIG ORDEAL**

3 Piece Rockin Covers

### **WED 5th OCT - THE 'REEL' TRAD SESSIONS**

4 Piece Acoustic Trad Set

### **THURS 6th OCT - THE BLUEJAYS**

5 Piece Soul, Blues & Jazz

### **FRI 7th OCT - CRAZY CHESTER**

# **Bacchus Nightclub**

**Friday, Sept 30th**

**La Roue Tourne Charity Gig**  
with Francesca Baines, Quincy,  
Lalapanzi Ngoni, The Lace and more...  
Doors 7.30pm

**SATURDAY** Doors 11:30pm  
DJ Sean - all the old & new classics  
Free Entry b4 12:00am

**THURSDAY** Doors 11:30pm  
DJ Mark - all the old & new classics  
Free Entry all Night

Guardwell Kinsale



# Piano Lessons



with

## Bogna



**Classes beginning**

**Monday 3rd October 2011**

**All grades and levels welcome**

**Contact Bogna Siegel - O'Keeffe**

**M: 086 080 9258**

**T: 021 477 3484**



## THE LORD KINGSALE

Main Street, Kinsale.  
Tel 021 477 2371

~ Live Music This Week ~  
**Saturday 1st October:**

**Oliver Keane**

**Wednesdays:**

**Trad Session**

*with Mark Long & Peter Harding*

~ Bar Food Served Daily ~  
*from 12pm*

~ Evening Menu Available ~  
*from 5.30pm*

~ Ensuite Accommodation Also Available ~

## Jewellery Making Classes

in a Bright New

Well Equipped Workshop in the  
**Allin Institute, Bandon**

Come and learn how to make all kinds of jewellery. You will be shown a large variety of techniques, helped through clear instruction and demonstration on how to make a variety of pieces. Rings, pendants, earrings, bracelets etc. The classes are 3 hours long and cost €50.

All tools are supplied.

Classes are ongoing, 10am to 1pm  
Wednesday or Thursday mornings

Phone Michael on

**087 2342663 or 028 34007**



# scar Madisons

- Main St. Kinsale -

**- Friday 30th Sept -**  
**JACKIE & DONIE**  
@ 10pm

**- Saturday 1st Oct -**  
**DJ MARK**  
@ 10pm

**- Sunday 2nd Oct -**  
**JACKIE & DONIE**  
@ 6pm-8pm  
plus "Take Your Pick" from 6pm-8pm  
Top Prize This Week €100!!!

**Check out our new promotions:**



**Miller  
Bucket**

**€10**

(4 btls)



**Heineken  
Bucket**

**€10**

(4btls)



**Bull  
Round**

**€20**

(4 Vodka & 2 Red Bull)

**Dashes of Coke/7up Now Available**  
**New Beers & Wines coming Soon...**

**All Sporting  
Events Shown Live**

**Live Horse Racing  
Everyday**

**Large  
Beer Garden**



# Perryville House

A Traditional  
Garden Tea Room

Serving:  
Breakfast  
from 9am

Morning Tea  
& Coffee

Delicious Lunch,  
12noon to 3pm

Afternoon Tea

Open Monday-Saturday  
10am to 6pm



# HELE

WINDOWS LTD.  
A Cork Family Business since 1965

**Tel: 021-4621710**

- Ireland's 1st PVC Window manufacturer - The Original & Still the Best!
- Manufacturing the highest quality windows & doors in Ireland with a proven reputation.
- Extensive range of high quality German products manufactured in Cork.
- Extensive range of colours available.
- Airtight, weather & sun resistant.
- Energy Efficient-A rated Windows.
- Lead Free - Will not fade.
- 28mm double glazing.
- Full replacement Service available.
- Original HELE single glazed windows can be double glazed - save money on bills!
- 10 year guarantee.

Contact your local Representative  
for a competitive quote:

**EMMET SHEEHAN:**  
**086-6615055**

**[www.helewindows.com](http://www.helewindows.com)**

VORSPRUNG DURCH ERFAHRUNG

## Kinsale Pro Shop



# End of Season Sale

**ALL SUMMER STOCK  
REDUCED TO CLEAR!!!**

Ladies Green Lamb Clothing  
50% OFF

Mens' Kartel, Footjoy, Ping  
and Adidas shirts all €25

All Bags, Shoes & Clubs Reduced

-----  
Calvin Klein Golf  
Autumn Mens & Ladies Clothing  
Now in Stock  
-----

### LADY BEGINNER LESSONS

Starting Tuesday Oct 4th, 11.30am.

Lessons consist of 5 weeks  
for 1 hour each week at a cost of  
€50, all clubs and balls provided.

+

### 2nd LADY BEGINNER LESSONS

Starting Thursday Nov 10th (5 weeks)

**Driving Range Open  
7 Days A Week with Floodlights  
for nighttime practice.**

Contact Ger for bookings  
**477 3258 or 087 238 6416**

**TRIDENT**  
HOTEL / KINSALE



## Are you planning a Special Function or Event in Kinsale?

*We'd be delighted to help you plan your...*

*Birthday, Fundraiser,  
Christening,  
Family Get-together,  
Christmas Party,  
Wedding Reception*

*Enjoy truly delicious food, wonderful live  
entertainment and superb value  
...in a spectacular location!*

*To discuss your event requirements or for  
further information, please feel free to  
contact our Conference & Banqueting Team*

**T: 021 477 9300**

or email: [cb@tridenthotel.com](mailto:cb@tridenthotel.com)

# ONE DAY FUEL SALE

**SATURDAY 8<sup>TH</sup> OCTOBER**

**STOCK UP NOW FOR THE COLD WINTER AHEAD...**

**10 BAGS OF  
POLISH  
PREMIUM COAL  
FOR ONLY  
€135**

**3 BAGS OF  
HOUSE COAL &  
3 BALES OF  
BRIQUETTES  
FOR €45.95**

**5 BAGS OF  
HOUSE COAL  
FOR €59.95**

**25 BAGS  
OF HOUSE COAL  
FOR €299  
PLUS 1 BAG  
FREE**

**25 BAGS  
OF POLISH  
PREMIUM  
COAL  
FOR €349**

**40 BAGS  
OF POLISH  
PREMIUM  
COAL  
FOR €520**

**MEGATHERM  
FIRE LOGS  
BUY 4 AND  
GET 1 FREE**

**BALES OF  
BRIQUETTES  
BUY 10 AND  
GET 1 FREE**

Above offers available for cash sales only, collected at store and on Saturday 8th October 2011 only

**SPECIAL OFFER ON TONNE PURCHASES**  
ASK IN-STORE FOR DETAILS.

**BUSINESS AS USUAL!**  
PLEASE BEAR WITH US DURING OUR  
CURRENT DEVELOPMENT. WE APOLOGISE  
FOR ANY INCONVENIENCE CAUSED.

**AMPLE FREE PARKING**

**OPEN MON - FRI 8.30am - 5.30pm & SAT 8.30am - 4.30pm**





## INTRODUCING

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## **Kinsale GAA**

would like to thank all those who supported our recent fundraising night at Curraheen Park. The event was very well supported and an enjoyable night was had by all those who attended.

---

The Kinsale Intermediate Footballers have reached the Intermediate County Final which takes place on Sunday 9th October at 2pm in Pairc Ui Rinn versus Castletownbere.

---

To show support for the team we are asking businesses and residents to join us in putting up blue & white flags, bunting, etc., on the outside of buildings or in windows. Flags, bunting, car flags and car stickers are available from Maurice Murphy's on Main Street and Kinsale Sports on the Pier.

---

Congratulations to Orla Finn who played a huge part in the Cork Rebelettes winning the All-Ireland Senior Football Championship on Sunday. Orla is a member of Kinsale Ladies Football Club.



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6.30pm - 7.30pm Thai Boxing Ladies beginners with Nic call 086 0756000 (drop in)  
7.30pm - 8.30pm Thai Boxing Gents all levels
- Tues:** 10.00am - 11.00am Fundamental Pilates with Rose call 087 1332326  
2.00pm - 4.30pm Swimming Lessons (to book in call Sue on 086 3828463)  
7.00pm - 7.45pm Spin Class with Scott (all levels)
- Wed:** 10.30am - 11.30am Water Exercise & Weight loss with Alana (drop in)  
2.00pm - 4.30pm Swimming Lessons (to book in call Sue on 086 3828463)
- Thurs:** 10.30am - 12.00pm Parent and baby swim social (children free)  
2.00pm - 4.30pm Swimming Lessons (to book in call Sue on 086 3828463)  
6.30pm - 7.30pm Water Exercise & Weight loss with Alana (drop in)  
7.00pm - 7.45pm Spin with Scott (intermediate / advanced)
- Fri:** 10.30am - 11.30am Pilates Ball with Rose 087 1332326 (bring your own ball)  
7.30pm - 8.30pm Thai Boxing Gents all levels with Nic 086 0756000
- Sat:** 10.00am - 11.30am Vinyasa Yoga with Mary

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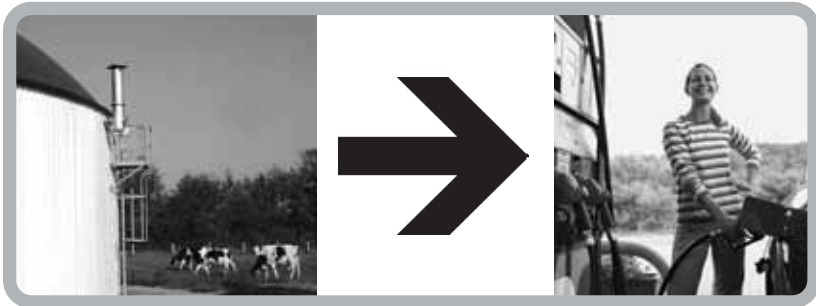


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For Elderly Lady in Kinsale.

Experience Preferable.

Live-in Saturday 2pm to Wednesday 2pm.

**Call: 021 477 2352**

### Bookkeeper Wanted (Part Time)

Experience in Sage Accountings & Payroll

Apply with CV to:

**elitepropertieskinsale@gmail.com**

### Childminder Required

(Ballinadee area) to mind 2 children in their own home. References essential.

**Contact 087 616 2053**

## PROPERTY

### TO LET

LONG OR SHORT TERM

DOUBLE ROOM EN SUITE  
AND SINGLE ROOM WITH  
SHARED BATHROOM,  
COMMUNAL KITCHEN/DINING  
AREA & LAUNDRY.

PRICE RANGING FROM  
€75 - €120 PER ROOM PER  
WEEK THIS INCLUDES ALL  
CHARGES AND BROADBAND

OFFICE HOURS **021 477 4940**  
AFTER HOURS **087 267 1904**

### TO RENT: LANZAROTE

Beautiful one bedroom apartment  
with sea views in Matagorda,  
Lanzarote. Small quiet complex  
with heated swimming pool.

Close to all local amenities.

5 minutes walk to the beach.

10 minutes from airport.

Satellite TV including:

RTE 1, Network 2, BBC's and ITV

**087-2355 258**

or **087-986 3302**

**Nice 1 Bedroom Apartment**  
To Let Near Kinsale  
Broadband & Satellite TV  
**Call: 087 9011591**

### FRIAR'S LODGE

Due to several requests we are offering room only  
accommodation over the Christmas period

for those who wish to spend Christmas with friends  
and family living in Kinsale. For further details  
call Maureen or Aine 086: 2895075 or 021 4777384

**Fully Furnished  
Cottages to rent**  
opposite Garretstown Beach

**4 bedrooms/3 bathrooms**

**Full central heating  
and open fireplace**

**All Kitchen appliances provided  
Satellite TV**

**Rent is €600.00 per month  
Utilities extra**

**Please ring Alison on:**

**087 6793506**

for more details, or email to [info@kinsalecoastalcottages.ie](mailto:info@kinsalecoastalcottages.ie)



## CLASSES

### Violin Lessons

Beginners to Advanced

All Levels & Exams Catered For  
**Teresa 086 170 3366**

### TO LET: Shop in Ballinspittle

Currently trading as Ice Cream Shop

Lends itself to many uses

**Tel: 083 3109964**

## CHILD CARE

### Experienced Childminder Available

To mind baby/toddler in childminder's own home. References on request.

Phone: 086 8690021



### FREE ECCE PRESCHOOL YEAR

3 hour sessions

BOOK NOW - NO ADDITIONAL COSTS

FURTHER INFORMATION FROM:

NUALA McCARTHY @ 087 7637266

### New Childcare Facility Opened in Cappagh

(opposite Gael Scoil Cionn tSaile)

- Breakfast Club
- School Drop Off & Collection
- After School & Full Time Care
- Half Term Camps Available

For Enquiries contact  
**Lorraine 087 2337721**

## MARMALADE PARK MONTESSORI

HIGH SCOPE & ALL DAY CARE CRECHE  
0 TO 5 YEARS

We Are Expanding!!! More Space Available Now  
For Part Time & Full Day

Contact Janice O'Connell  
**086 277 0943**



### Little Rascals Montessori School

Fiona: 021 477 7687 - 087 224 8816

- Open Monday - Friday -

Montessori Classes: Part Time Care: Full Day Care:  
9.15am - 1.00pm 8.00am - 1.00pm 8.00am - 6.00pm

## PETS

### Belgooly Boarding Kennels & Cattery

Kennels open all year.

Spacious individual kennels.

Long country walks twice a day.

021 477 0796 - 086 066 9015



Because they're  
worth it!!!



## All Dog Grooming

Ballinspittle Village

Open Tues - Sat  
9.30am-5pm

T: 021 470 8860  
M: 086 0655 748

[www.alldoggrooming.ie](http://www.alldoggrooming.ie)

### FORT ARTHUR BOARDING KENNELS KINSALE



Individual Kennels - Exercised Twice Daily

Collection & Delivery - Prop: Avril Copithorne



Tel: 021 477 8002 or 085 729 7233



## Posh Pets

PROFESSIONAL DOG GROOMING SALON  
• Riverview Veterinary Clinic •



Located in BANDON & KINSALE

For a professional dog grooming service

Contact Susan: 086 87 40 711

Or visit the website [www.poshpets.ie](http://www.poshpets.ie)

ADVANCED BOOKING ADVISED

## HAIR, HEALTH & BEAUTY

### Très Chic Beauty

JUDY DONEGAN. CIBTAC trained, AIT insured  
TEL: 087 2709410  
WWW.TRESCHICBEAUTYKINSALE.COM  
WWW.WEDDINGSBYKINSALE.COM



### Kinsale Healing Circle

Tuesday Evening, 7.30pm-9.30pm  
Healing with Angelic & Spirit Guidance  
using intuition, colour, symbols & cards.  
Catherine, Psychic Medium Healer: 087 2247035

### ANN'S HAIR CREATIONS

Ladies & Gents Hair Salon The Glen, Kinsale

#### OCTOBER SPECIALS:

Full Head Mèche inc cut/blowdry  
Onlu €65 every Thursday/Friday

Free Conditioning Treatment  
with every Cut & Blow Dry on Tuesdays

T: 477 2030

Tues to Sat: 9.15am-6pm

FREE CAR PARK BEHIND SALON -

## Michelle's Hair Creations

LADIES & GENTS

Open  
Tuesday to Saturday  
9.30am - 5.30pm

T: 021 477 3133

14 Pearse Street, Kinsale, Co. Cork



## NOTICES

The Kinsale Peace Project welcomes

Author & RTE news reader

**Michael Murphy**

to Kinsale on

**Thursday 27th October**

@ The Blue Haven, 8pm

Admission Free



Donations to the Kinsale Peace Project welcome on the night.  
All are welcome - seating is limited - please come early



### FOOT HEALTH CARE

Corns ~ Callus ~ Nail Care etc  
Home Visits Available

Helena - 087 2749853

### KINSALE ACTIVE RETIREMENT ASSOCIATION

**Tues 4th Oct, Car Park Ballinspittle, 2.15pm**

**Walk in Garrettstown Woods**

**Plus Bingo in The Blue Horizon, 3.30pm**

## FINTAN LYNCH HAIRDRESSING

61 MAIN STREET, KINSALE

Tel: 477 3900

Open Tues-Fri 9am-5.30pm | Sat 9am-4pm

COLOUR HERBE  
Professional Hair Colour

Booking  
Advisable!

L'OREAL  
UNIVERSITY OF MAKEUP

Action Breast Cancer  
Irish Cancer Society  
Street Collection on October 7th.  
**Volunteers Needed.**

For details please call 087 6329417

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If an advert has been proofed & cleared for publication by  
the advertiser, we cannot take responsibility for any errors.

## NOTICES

### *Kinsale Heritage Town Walk*

**DERMOT RYAN 086 826 7656**

**From The Tourist Office**

**at 10.30am Daily & 3pm (by Appointment)**

Number 1 Kinsale Attractions & Cert of Excellence on



*"Start in Kinsale  
with Dermot Ryan and  
you will not go wrong"*

*"...knows more about the  
town's history &  
geography than anyone  
you're going to meet there"*

## PINK PARTY

Friday 18th November, White (Pink) Lady  
in aid of the 1st Kinsale Pink Ribbon Walk  
Stay Tuned For More Details

The Kinsale & District

# NEWSLETTER

# Autumn Edition

## Now On Sale

from:

SuperValu, Murphy's, Texaco,  
1601 Off Licence, Write On,  
Londis, Market Garden,  
Kinsale Bookshop, Bookstór,  
Bolands, Allen's Belgooly,  
Centra Ballinspittle  
& Kathleen Daly's Barrells Cross

## DON & BARRY'S HISTORIC STROLL, KINSALE

**FROM OUTSIDE THE TOURIST OFFICE**

**11.15am Daily (Mon-Sat)**

*'Kinsale's single best attraction' - Rick Steves*

*'Highly entertaining ...Child friendly ...Captivating*

*...All at once Old Kinsale came vividly to life' - The Irish Times*

**NEW** Preview our tour on [www.HistoricStrollKinsale.com](http://www.HistoricStrollKinsale.com)

Phone: 021 4772873

## Rose Frawley's Coffee Morning & Nearly New Sale

Saturday October 1st 2011

Temperance Hall, 10am

In aid of Building of Hope  
school for the blind in Kenya

## OPEN DAY

(moving house to UK)

Many quality items for sale inc.  
new ladies bicycle, 6 seater glass dining  
table, office desks etc., furniture, pictures,  
ornaments, books, dvds & cds.

**Sat 1st Oct & Sun 2nd Oct**

13 Kilmore Woods, Ballinspittle

Call 021 470 8003

## HARBOUR CRUISE

*Departure Beyond Actons Hotel on board 'Spirit of Kinsale'*

Friday 30th Sept @ 2pm & 3pm

Saturday 1st Oct @ 2pm & 3pm

Sunday 2nd Oct @ 2pm & 3pm

(Cruises Operate on Weekends Only in October)

**M: 086 250 5456**

[www.kinsaleharbourcruises.com](http://www.kinsaleharbourcruises.com)

Cruises are subject to weather and tide.

*What's On... What's On... What's On... What's On...*

**FRI 30th SEPT**

**AN SEANACHAI:**  
The Smoking 45s.  
**BACCHUS NIGHTCLUB:**  
La Roue Tourne Charity Gig,  
From 7.30pm til Late.  
**BLUE HAVEN:** Crazy Chester.  
**DERMOT RYAN'S HERITAGE WALKS:**  
From The Tourist Office,  
10:30am Daily  
**DON & BARRY'S TOURS:**  
11.15am, Tourist Office.  
**FOLKHOUSE:** The Vinals.  
**HAMLETS:** Live DJ.  
**HARBOUR CRUISE:**  
From The Pier @ 2pm & 3pm  
**OSCAR MADISONS:**  
Jackie & Donie, 10pm.  
**ROSENCRANTZ SPORTS BAR:**  
-Strictly Vinal with DJ Rayz.  
**SPANIARD BAR, SCILLY:**  
Martin & Friends, 9pm.  
**WHITE HOUSE:**  
Mike O'Riordan, 10.30pm.

**SAT 1st OCT**

**AN SEANACHAI:**  
Mike O'Riordan, 7.30pm,  
plus Live Music, 10pm.  
**ARMADA BAR:**  
Bobby & Eileen.  
**BACCHUS NIGHTCLUB:**  
with DJ Sean, 11.30pm.  
**BLUE HAVEN:**  
Cadillac Cats, 10pm.  
**BOOKSTÖR:** Storytime  
for Little Ones, 10am.  
**BULMAN, SUMMERCOVE:**  
Crazy Chester, 10.15pm.  
**DERMOT RYAN'S HERITAGE WALKS:**  
From The Tourist Office,  
10:30am Daily  
**DON & BARRY'S TOURS:**  
11.15am, Tourist Office.  
**FOLKHOUSE:**  
She's Electric.  
**HAMLETS:**  
Live DJ.

**HARBOUR CRUISE:**  
From The Pier @ 2pm & 3pm  
**LORD KINGSALE:**  
Music with Oliver Keane.  
**OSCAR MADISONS:**  
DJ Mark, 10pm.  
**PUBLIC MEETING:**  
On Proposed Digester For  
Kinsale Area, All Welcome,  
Temperance Hall, 4-6pm.  
**ROSENCRANTZ SPORTS BAR:**  
Tony Roberts.  
**SPANIARD BAR, SCILLY:**  
For Folk Sake, 9pm.  
**STUDIO BLUE NIGHTCLUB:**  
Doors 11pm.  
**TEMPERANCE HALL:**  
Coffee Morning &  
Nearly New Sale, 10am.

**SUN 2nd OCT**

**AN SEANACHAI:**  
Trad Routes, 8pm.  
Crazy Chester, 11pm.  
**ARMADA BAR:**  
The Ferryman.  
**BLUE HAVEN BAR:**  
Sonny & Friends, 9pm.  
**BULMAN, SUMMERCOVE:**  
Boozy Schmoozers, 6.15pm.  
**DERMOT RYAN'S HERITAGE WALKS:**  
From The Tourist Office,  
10:30am Daily  
**DON & BARRY'S TOURS:**  
11.15am, Tourist Office.  
**FOLKHOUSE:**  
The Big Ordeal.  
**HAMLETS:** Clem & Katie.  
**HARBOUR CRUISE:**  
From The Pier @ 2pm & 3pm  
**OSCAR MADISONS:**  
Jackie & Donie, 6-8pm.  
**SPANIARD BAR:**  
Monty Goes To Carlowl,  
from 7pm.  
**STUDIO BLUE NIGHTCLUB:**  
Doors 11pm.  
**WHITE HOUSE:**  
Mike O'Riordan, 9pm.

**MON 3rd OCT**

**AN SEANACHAI:**  
Tony O'Shea.  
**BLUE HAVEN:** Arundo, 9pm.  
**DALTONS BAR:** Traditional  
Irish Music & Ballads.  
**DERMOT RYAN'S HERITAGE WALKS:**  
From The Tourist  
Office, 10:30am Daily  
**DON & BARRY'S TOURS:**  
11.15am, Tourist Office.  
**WHITE HOUSE:** Liam & Ger.

**TUES 4th OCT**

**ACTIVE RETIRED ASSOCIATION:**  
Walk in Garretstown Woods, 2.15pm  
in Ballinspittle Car Park.  
**AN SEANACHAI:**  
Trad Routes, 10pm.  
**ARMADA:** Bobby & Eileen.  
**BLUE HAVEN BAR:**  
Sonny & Friends, 10pm.  
**BLUE HAVEN HOTEL:**  
Cookery School, 7pm.  
**DALTONS BAR:** Traditional  
Irish Music & Ballads.  
**DERMOT RYAN'S HERITAGE WALKS:**  
From The Tourist  
Office, 10:30am Daily  
**DON & BARRY'S TOURS:**  
11.15am, Tourist Office.

**WED 5th OCT**

**AN SEANACHAI:** Arundo.  
**BLUE HAVEN BAR:**  
Mike O'Riordan, 10pm.  
**DERMOT RYAN'S HERITAGE WALKS:**  
From The Tourist Office,  
10:30am Daily  
**DON & BARRY'S TOURS:**  
11.15am, Tourist Office.  
**FOLKHOUSE:**  
The 'Reel' Trad Sessions.  
**LORD KINGSALE:**  
Trad with Mark Long  
& Peter Harding.  
**SPANIARD BAR:** Trad Session.

**THURS 6th OCT**

**AN SEANACHAI:**  
Trad Routes, 9.30pm.  
**BACCHUS NIGHTCLUB:**  
with DJ Mark, 11.30pm.  
**BLUE HAVEN:** Arundo, 10pm.  
**COLLINS KINSALE PHARMACY:** ROC Skin  
Analyst In-Store, from 10am.  
**DALTONS BAR:** Traditional  
Irish Music & Ballads.  
**DERMOT RYAN'S HERITAGE WALKS:**  
From The Tourist  
Office, 10:30am Daily  
**DON & BARRY'S TOURS:**  
11.15am, Tourist Office.  
**FOLKHOUSE:** The BlueJays.  
**O'CONNORS PHARMACY:**  
Nuxe Beauty Expert,  
Michelle Griffin In-Store.

35th Bollinger  
Kinsale Gourmet  
Festival 2011

**FRI 7th OCT**

**AN SEANACHAI:** The Misfits.  
**ARMADA BAR:** Live Music.  
**BACCHUS NIGHTCLUB:**  
with DJ Garian, 11.30pm.  
**BLUE HAVEN:**  
Hank Wedel & Friends.  
**DERMOT RYAN'S HERITAGE WALKS:**  
From The Tourist  
Office, 10:30am Daily.  
**DON & BARRY'S TOURS:**  
11.15am, Tourist Office.  
**FOLKHOUSE:** Crazy Chester.  
**HAMLETS:** Live DJ.  
**HARBOUR CRUISE:**  
From The Pier @ 2pm & 3pm  
**KINSALE GOURMET FESTIVAL:**  
See Pages 4&5.  
**SPANIARD BAR, SCILLY:**  
Martin & Friends, 9pm.  
**STREET COLLECTION:**  
Irish Cancer Society.

**POSITIVE AGEING WEEK**

Fri 30th Sept	Gala Concert feat. Tenor Ryan Morgan & Soprano Emma Kate Tobia & Christine Murdoch Hogan at the Friary Church	2.30pm
Sat 1st Oct	Guided tour: Charles Fort Via Kinsale Land Train Train leaves Haven Bay at 10.00 am: Pick up in Kinsale at 10.30 am Visit begins at 11.00 am Talk and light refreshments Train departs Charles Fort at 12 noon, Kinsale drop off 12.30pm, arrives 12.45 pm at Haven Bay	10.00am-12.45pm
Sun 2nd Oct	Vintage Car Display at Pier Road Car Park with refreshments	2.30pm

# Great Offers Across The Store

All offers valid from Monday 26th September until Saturday 1st Oct 2011  
 All offers subject to availability while stocks last. Enjoy alcohol responsibly. Customer quotas may apply.

# SuperValu

Real Food, Real People

**SPEND LESS WITH SuperValu**

**Meat Sale**

**SAVE 33%**

SuperValu Quality Irish Sirloin Steak (Steakhouse Counter Only) Was €21.80/kg NOW €14.50/kg

SuperValu Quality Irish Fillet Steak (Steakhouse Counter Only) Was €31.80/kg NOW €21.20/kg

SuperValu Quality Irish Pork Chops (Steakhouse Counter Only) Was €8.90/kg NOW €5.95/kg

**Great Offers**

**€2 EACH**

See Instore For Details

**Half Price**

Donegal Catch Cod 450g Was €3.65 NOW €1.82

Peppi Cola/Water/Wine 3lit Was €3.32 NOW €1.66

Milds Eye Simply Chicken in Courty/Batter 3x 210g NOW €2

Ben & Jerry's Ice Cream Single Served Was €3.65 NOW €1.82

Johnson's Baby Softeners Selected Range Details Instore

See Instore For Details

**World of Wine event**

**€6.99**

**€7.99**

**€8.99**

**€9.99**

See Instore For Details